

Alouette Home Start Society & The Iron Horse Youth Safe House

The Alouette Home Start Society is a coalition of dedicated community service providers and individuals that are working together to find community-wide solutions to address issues of homelessness in the communities of Maple Ridge and Pitt Meadows.

The Iron Horse Youth Safe House was formed in response to the coalition's research and recommendations regarding the needs for services to address homelessness.

At the Iron Horse Youth Safe House we support the universal rights of youth to safe housing, adequate food, proper legal representation, accessible education, and health care. Our staff will advocate for and assist youth in accessing community resources, other professionals, employers, local merchants, and any other relevant needs.

**** The Iron Horse Youth Safe
House Opened June 13, 2005 ****

Important Phone Numbers:

**Ministry of Children and Family
Development (Maple Ridge)...
604-476-2800**

**Ministry (After Hours)...
604-660-8180**

**Ridge Meadows RCMP...
604-463-6251**

**Help Line...
604-310-1234**

**Rape Relief...
604-872-8212**

**Alouette Addictions...
604-467-5179**

**Ridge Meadows Hospital...
604-463-4111**

**Iron Horse Youth Health Clinic...
604-463-6268**

**Options for Sexual Health...
604-731-4252**

**Greg Moore Youth Centre...
604-467-7354**

IRON HORSE YOUTH SAFE HOUSE



Operated By:



**YOUTH CALL TOLL FREE:
1-877-435-SAFE (7233)
24 HOURS A DAY/7 DAYS A WEEK**

**STAFF OFFICE LINE:
604-466-2665**

Funding Provided By:



IRON HORSE YOUTH SAFE HOUSE



Is the Iron Horse Youth Safe House for You?

If you are a youth between 13-18 years of age and need a safe place to stay because of any of the reasons below please call us 24 hours a day! 1-877-435-SAFE (7233)

- * Are you couch surfing, or have you been kicked out of your home or evicted?
- * Do you need a safe place away from abuse or violence?
- * Are you afraid to go home?
- * Having problems with family?
- * Need time to cool off?
- * Unsure about the reason? Call us! 1-877-435-SAFE (7233)

What To Expect

Once you arrive at the Iron Horse Youth Safe House, staff will greet you and give you a quick tour of the residence. During the first 24 hours, you will be given the opportunity to sleep, eat, shower, as well as get to know the staff and other residents. Upon arrival you will also receive a welcome package, house rules, care plan package, and other important information regarding youth services in the area. Once you are settled into the house, staff will assist you to start achieving the goals that are established in your care plan.

Referrals

Self referral is the best way to make contact with us; however staff at the Safe House will accept phone calls from any person that knows about a youth in need of a safe place.

Examples of others that might refer youth:
Family, Friends, A&D Workers, Social Workers, RCMP, Health Professionals, and the Greg Moore Youth Centre

What We Provide You

- * A safe, drug and alcohol free environment
- * Advocacy
- * Referrals to community service providers
- * Support setting and achieving goals surrounding care plan
- * Clean bedrooms, bathrooms and laundry facilities
- * Regular, nutritious meals and snacks
- * A maximum 30 day stay

House Guidelines

Our guidelines are in place to maintain a safe environment therefore we discourage the following:

- * Violence of any kind, threats, and/or intimidation
 - * Racism, homophobia, sexism or discrimination of any kind
 - * Drug and Alcohol use
- We do encourage:
- * Respect for yourself and others
 - * Personal growth towards change
 - * Structured meal, sleep and curfew times